1 AN ACT

- 2 relating to the public health threat presented by youth suicide and
- 3 the qualification of certain persons serving as marriage and family
- 4 therapists in school districts.
- 5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
- 6 SECTION 1. This Act is dedicated to every child who has
- 7 fallen victim to severe emotional trauma.
- 8 SECTION 2. The legislature finds that:
- 9 (1) the United States Surgeon General's Report on
- 10 Children's Mental Health estimates that one in five children and
- 11 adolescents will experience a significant mental health problem
- 12 during their school years;
- 13 (2) during elementary school years, children are in an
- 14 ongoing developmental process where it is crucial that healthy
- 15 mental and behavioral development be promoted and that a solid
- 16 foundation in social-emotional skills and capacities be built;
- 17 (3) adolescence is a period of significant change,
- 18 during which youth are faced with a myriad of pressures;
- 19 (4) the pressures facing youth during adolescence
- 20 include pressures relating to adapting to bodily changes,
- 21 succeeding academically, making college and career decisions,
- 22 being accepted by peers, including pressure to engage in drugs,
- 23 alcohol, and sex, measuring up to expectations of others, and
- 24 coping with family and peer conflicts;

- 1 (5) increased levels of victimization also lead to
- 2 increased levels of depression and anxiety and decreased levels of
- 3 self-esteem;
- 4 (6) emotional trauma and mental health issues, if left
- 5 unaddressed, can lead and have led to life-threatening violence and
- 6 suicide;
- 7 (7) suicide committed by youth continues to present a
- 8 public health threat that endangers the well-being of the youth of
- 9 the state;
- 10 (8) suicide is the third leading cause of death for
- 11 persons who are at least 15 years of age but younger than 25 years of
- 12 age and the sixth leading cause of death for persons who are at
- 13 least 5 years of age but younger than 15 years of age; and
- 14 (9) it is of the utmost importance to keep children and
- 15 adolescents mentally healthy and on a course to become mentally
- 16 healthy adults.
- 17 SECTION 3. Chapter 161, Health and Safety Code, is amended
- 18 by adding Subchapter O-1 to read as follows:
- 19 SUBCHAPTER O-1. EARLY MENTAL HEALTH INTERVENTION AND PREVENTION OF
- 20 YOUTH SUICIDE
- 21 Sec. 161.325. EARLY MENTAL HEALTH INTERVENTION AND SUICIDE
- 22 PREVENTION. (a) The department, in coordination with the Texas
- 23 Education Agency, shall provide and annually update a list of
- 24 recommended best practice-based early mental health intervention
- 25 <u>and suicide prevention programs for implementation in public</u>
- 26 elementary, junior high, middle, and high schools within the
- 27 general education setting. Each school district may select from

- 1 the list a program or programs appropriate for implementation in
- 2 the district.
- 3 (b) The programs on the list must include components that
- 4 provide for training counselors, teachers, nurses, administrators,
- 5 and other staff, as well as law enforcement officers and social
- 6 workers who regularly interact with students, to:
- 7 (1) recognize students at risk of committing suicide,
- 8 including students who are or may be the victims of or who engage in
- 9 bullying;
- 10 (2) recognize students displaying early warning signs
- 11 and a possible need for early mental health intervention, which
- 12 warning signs may include declining academic performance,
- 13 depression, anxiety, isolation, unexplained changes in sleep or
- 14 eating habits, and destructive behavior toward self and others; and
- 15 (3) intervene effectively with students described by
- 16 Subdivision (1) or (2) by providing notice and referral to a parent
- 17 or guardian so appropriate action, such as seeking mental health
- 18 services, may be taken by a parent or guardian.
- 19 (c) In developing the list of programs, the department and
- 20 the Texas Education Agency shall consider:
- 21 (1) any existing suicide prevention method developed
- 22 by a school district; and
- 23 (2) any Internet or online course or program developed
- 24 in this state or another state that is based on best practices
- 25 recognized by the Substance Abuse and Mental Health Services
- 26 Administration or the Suicide Prevention Resource Center.
- 27 (d) The board of trustees of each school district may adopt

- 1 <u>a policy concerning early mental health intervention and suicide</u>
- 2 prevention that:
- 3 (1) establishes a procedure for providing notice of a
- 4 recommendation for early mental health intervention regarding a
- 5 student to a parent or guardian of the student within a reasonable
- 6 amount of time after the identification of early warning signs as
- 7 described by Subsection (b)(2);
- 8 (2) establishes a procedure for providing notice of a
- 9 student identified as at risk of committing suicide to a parent or
- 10 guardian of the student within a reasonable amount of time after the
- 11 identification of early warning signs as described by Subsection
- 12 (b)(2);
- 13 (3) establishes that the district may develop a
- 14 reporting mechanism and may designate at least one person to act as
- 15 a liaison officer in the district for the purposes of identifying
- 16 students in need of early mental health intervention or suicide
- 17 prevention; and
- 18 (4) sets out available counseling alternatives for a
- 19 parent or guardian to consider when their child is identified as
- 20 possibly being in need of early mental health intervention or
- 21 suicide prevention.
- (e) The policy must prohibit the use without the prior
- 23 consent of a student's parent or guardian of a medical screening of
- 24 the student as part of the process of identifying whether the
- 25 student is possibly in need of early mental health intervention or
- 26 suicide prevention.
- 27 (f) The policy and any necessary procedures adopted under

- 1 <u>Subsection (d) must be included in:</u>
- 2 (1) the annual student handbook; and
- 3 (2) the district improvement plan under Section
- 4 11.252, Education Code.
- 5 (g) The department may accept donations for purposes of this
- 6 section from sources without a conflict of interest. The
- 7 department may not accept donations for purposes of this section
- 8 from an anonymous source.
- 9 (h) Not later than January 1, 2013, the department shall
- 10 submit a report to the legislature relating to the development of
- 11 the list of programs and the implementation in school districts of
- 12 selected programs by school districts that choose to implement
- 13 programs. This subsection expires September 1, 2013.
- 14 (i) Nothing in this section is intended to interfere with
- 15 the rights of parents or guardians and the decision-making
- 16 regarding the best interest of the child. Policy and procedures
- 17 adopted in accordance with this section are intended to notify a
- 18 parent or guardian of a need for mental health intervention so that
- 19 a parent or guardian may take appropriate action. Nothing in this
- 20 section shall be construed as giving school districts the authority
- 21 to prescribe medications. Any and all medical decisions are to be
- 22 made by a parent or guardian of a student.
- 23 SECTION 4. Section 11.252(a), Education Code, is amended to
- 24 read as follows:
- 25 (a) Each school district shall have a district improvement
- 26 plan that is developed, evaluated, and revised annually, in
- 27 accordance with district policy, by the superintendent with the

- 1 assistance of the district-level committee established under
- 2 Section 11.251. The purpose of the district improvement plan is to
- 3 guide district and campus staff in the improvement of student
- 4 performance for all student groups in order to attain state
- 5 standards in respect to the student achievement indicators adopted
- 6 under Section 39.053. The district improvement plan must include
- 7 provisions for:
- 8 (1) a comprehensive needs assessment addressing
- 9 district student performance on the student achievement
- 10 indicators, and other appropriate measures of performance, that are
- 11 disaggregated by all student groups served by the district,
- 12 including categories of ethnicity, socioeconomic status, sex, and
- 13 populations served by special programs, including students in
- 14 special education programs under Subchapter A, Chapter 29;
- 15 (2) measurable district performance objectives for
- 16 all appropriate student achievement indicators for all student
- 17 populations, including students in special education programs
- 18 under Subchapter A, Chapter 29, and other measures of student
- 19 performance that may be identified through the comprehensive needs
- 20 assessment;
- 21 (3) strategies for improvement of student performance
- 22 that include:
- 23 (A) instructional methods for addressing the
- 24 needs of student groups not achieving their full potential;
- 25 (B) methods for addressing the needs of students
- 26 for special programs, including:
- 27 <u>(i)</u> [such as] suicide prevention programs,

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in accordance with Subchapter O-1, Chapter 161, Health and Safety
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    Code, which includes a parental or guardian notification procedure;
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 3
                          (ii) [7] conflict resolution programs;
                          (iii) [\tau] violence prevention programs; and
 4
                          (iv) [, or] dyslexia treatment programs;
 5
                     (C)
                          dropout reduction;
 6
 7
                          integration of technology in instructional
                     (D)
 8
    and administrative programs;
 9
                     (E)
                          discipline management;
10
                     (F)
                          staff development for professional staff of
   the district;
11
                     (G)
                                  education to
12
                          career
                                                  assist
                                                          students
                                                                     in
    developing the knowledge, skills, and competencies necessary for a
13
14
    broad range of career opportunities; and
15
                     (H)
                         accelerated education;
16
                (4)
                    strategies for providing to middle school, junior
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    high school, and high school students, those students' teachers and
    counselors, and those students' parents information about:
18
                          higher education admissions and financial
19
    aid opportunities;
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21
                          the TEXAS grant program and the Teach for
    Texas grant program established under Chapter 56;
22
                     (C) the need for students to make informed
23
24
    curriculum choices to be prepared for success beyond high school;
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    and
                          sources of information on higher education
26
                     (D)
27
    admissions and financial aid;
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- 1 (5) resources needed to implement identified
- 2 strategies;
- 3 (6) staff responsible for ensuring the accomplishment
- 4 of each strategy;
- 5 (7) timelines for ongoing monitoring of the
- 6 implementation of each improvement strategy; and
- 7 (8) formative evaluation criteria for determining
- 8 periodically whether strategies are resulting in intended
- 9 improvement of student performance.
- SECTION 5. Section 21.003(b), Education Code, is amended to
- 11 read as follows:
- 12 (b) Except as otherwise provided by this subsection, a [A]
- 13 person may not be employed by a school district as an audiologist,
- 14 occupational therapist, physical therapist, physician, nurse,
- 15 school psychologist, associate school psychologist, marriage and
- 16 family therapist, social worker, or speech language pathologist
- 17 unless the person is licensed by the state agency that licenses that
- 18 profession and[. A person] may perform specific services within
- 19 those professions for a school district only if the person holds the
- 20 appropriate credential from the appropriate state agency. As long
- 21 as a person employed by a district before September 1, 2011, to
- 22 perform marriage and family therapy, as defined by Section 502.002,
- 23 Occupations Code, is employed by the same district, the person is
- 24 not required to hold a license as a marriage and family therapist to
- 25 perform marriage and family therapy with that district.
- SECTION 6. Section 502.004, Occupations Code, is amended to
- 27 read as follows:

- 1 Sec. 502.004. APPLICATION OF CHAPTER. This chapter does
- 2 not apply to:
- 3 (1) the activities, within the scope of a person's
- 4 employment, of a person employed to perform marriage and family
- 5 therapy by a federal, state, county, or municipal agency or, except
- 6 as provided by Section 21.003(b), Education Code, by a public or
- 7 private educational institution[, if the activities are within the
- 8 scope of the person's employment];
- 9 (2) the activities of a student, intern, or trainee in
- 10 marriage and family therapy in a recognized course of study in
- 11 marriage and family therapy at an accredited institution of higher
- 12 education or other training institution, if:
- 13 (A) the activities constitute a part of the
- 14 course of study; and
- 15 (B) the person is called a "marriage and family
- 16 therapist intern" or similar title;
- 17 (3) the activities and services of a person licensed
- 18 to practice another profession, including a physician, attorney,
- 19 registered nurse, occupational therapist, psychologist, social
- 20 worker, or licensed professional counselor; or
- 21 (4) the activities and services of a recognized
- 22 religious practitioner, including a pastoral counselor or
- 23 Christian Science practitioner recognized by the Church of Christ
- 24 Scientist as registered and published in the Christian Science
- 25 Journal, if the practitioner practices marriage and family therapy
- 26 in a manner consistent with the laws of this state.
- 27 SECTION 7. As soon as practicable after the effective date

- 1 of this Act, the State Board for Educator Certification shall
- 2 propose rules for the administration of Section 21.003(b),
- 3 Education Code, as amended by this Act.
- 4 SECTION 8. This Act applies beginning with the 2012-2013
- 5 school year.
- 6 SECTION 9. This Act takes effect immediately if it receives
- 7 a vote of two-thirds of all the members elected to each house, as
- 8 provided by Section 39, Article III, Texas Constitution. If this
- 9 Act does not receive the vote necessary for immediate effect, this
- 10 Act takes effect September 1, 2011.

Presid	lent of the Senate		Speaker	of the 1	House	
I ce	ertify that H.B. No	. 1386	was passed b	y the H	ouse on	May
13, 2011,	by the following vo	te: Ye	eas 107, Nays	29, 3 p	resent,	not
voting; an	nd that the House c	oncurre	d in Senate	amendme	nts to H	[.B.
No. 1386 o	n May 26, 2011, by t	he foll	owing vote:	Yeas 11	1, Nays	32,
1 present,	not voting.					
			Chief Cl	erk of t	he House	<u> </u>
Ιce	ertify that H.B. No	. 1386	was passed b	y the S	enate, w	vith
amendments	s, on May 23, 2011,	by the	following vo	ote: Ye	as 28, N	lays
3.						
			Secreta	ry of th	e Senate	<u>,</u>
APPROVED:						
	Date					
•	Governor					